

What's Happening

Hay War Memorial High School

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Term 1—Week 8

Principal: Mr Yvan Chambers BEd (UP/LS), GCertEd, PGCertEdLead, MEd (SpecEd)

March 22, 2018

- Respect
- Achieve
- Responsible



**HWMHS
Assembly
Wednesday 4 April
10am in the
Spirit of ANZAC
Centre
All welcome**

National 'Bullying No Way' Day

Friday the 16 March, was the National 'Bullying No Way' campaign day.

Across Australia, school communities are raising awareness about the impact of bullying and taking a stand to eradicate this harmful practice.

Hay War Memorial High School has a long and proud tradition of honour and defending those in need, and our school proudly continues to take a stand against bullying by working together.

Selected student speakers spoke about issues which may have affected everyone in the room. This is their speech:

Today we are going to be speaking about an issue that will or has affected everyone in this room. Some may get it worse than others, some might take part and not even notice. Overall we are talking about a matter that needs to be discussed.

It is important that we all know what bullying is and can recognise when it is happening in our school. Bullies work off power and it is we, the student body, who give bullies this power.

Bullying is when one person, or a group of people, with more power than someone else tries to upset or hurt them. This power can come from being more popular, stronger or part of a group. They might repeatedly try to hurt the person physically, socially isolate them, or say and do mean or humiliating things to them. It can be online, in the playground, outside of school and it can be obvious or hidden to us.

We need to all understand that bullying is when

someone tries to take another person's power away, not just a disagreement between equals.

Recently in the news, there was a sad story about a young girl who lost her life due to bullying. "Dolly" Amy Jayne Everett was a young fourteen year old who sadly, after being bullied for years, decided to take her own life to escape the pain she was in.

Dolly was an outwardly happy and cheerful girl who only wanted to fit in and find friends. But at school and on her phone she was receiving messages from those around her. They told her she didn't deserve to fit in and have friends.

Her story is very similar to many people across Australia. Maybe some of you in this room have had bullying occur like this. Everyone needs to understand that this bullying is not your fault and that talking to others, your peers, teachers or parents will not make it worse.

If you feel you need further assistance or someone to talk to please phone Kids Helpline 1800 55 1800 or Lifeline 13 11 14.



For so much what shall we repay?

To all Community Groups

Using the school grounds out of school hours is a great benefit for community groups. Lease contracts need to be completed, and are available at the front office. School grounds are available subject to availability and approval from the principal.

If your community group, such as a club, sporting body, dance and/or entertainment group are thinking about applying to use the school grounds, and children are involved, then Working With Children Checks will need to be completed and the WWCC numbers supplied on the lease contract.

What is a Working With Children Check?

It is a requirement for people who work or volunteer in child-related work. It involves a national criminal history check and a review of finding of workplace misconduct. WWCC can be obtained from the RMS.

<http://youtu.be/JTzXyEQfWGg>

Sport Report

Upcoming Riverina Trials

The following trials are happening in the next few weeks. Please see Ms Booth or Mr Coleman for permission notes and to confirm your nomination.

Transport to trials will be by parents.

Girls Open Netball -

Wednesday, 4th April - Lauren Jackson Centre, Albury.

Under 15 and Opens Rugby League -

Wednesday, 11th April - Paramore Park, Wagga.

Under 15 Girls AFL -

Thursday, 12th April - McPherson Oval, Wagga.

Under 15 Boys AFL -

Thursday, 3rd May - Narrandera.

Homework/Enrichment Activity Club 2018

Hay War Memorial High School will be offering an after-school Homework Club/ Enrichment Activity for students in Years 7 to Year 12 on Thursday afternoons from 3.30pm - 4.30pm. This provides an opportunity for an extended day, which might suit some families.

We will provide a secure, supervised environment where learning is made easier by ready access to physical resources and computer technology and where professional guidance will be on hand.

The main aim of the Homework Club is to ensure students get the opportunity to complete their homework, assignments and assessment tasks on time and have the opportunity to explore other activities, including music and art while receiving extra help in areas of reading, writing and maths.

There is no charge for this opportunity; all you need to do is fill in the permission note that is available on the Skoolbag app, school website or at the front office.



Polynesian Performance

Mana The Spirit of Polynesia was performed this week to acknowledge Harmony Day.

A wonderful performer Bernard Mangakahia traced his family history and the culture of the Pacific Island region through story and dance.

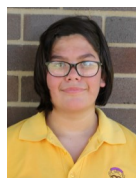
Travelling through Polynesian cultures including Native American Indian, New Zealand Maori, Hawaiian and Samoan, Bernard shared with us the importance of family, challenges we gave and the need for pride.

His performance was captivating and engaging. The students and staff were spellbound from the start to the finish. Everyone was challenged to think about creating, sharing and reflecting upon their own life story.



RAR Award Winners - Week 8

Congratulations to this week's RAR award winners, Emily Ferguson - Year 7 and Fergus Cattanach - Year 8. Emily and Fergus have each won a \$20 voucher to spend at the HWMHS Canteen. Well done.



Careers News Week 8, Term 1, 2018

Defence Forces GAP Year 2019 – An Alternate Year 12 Option

ADF Gap Year applications for 2019 have opened. It is a unique opportunity for your students to try out a career in the Navy, Army or Air Force and get a feel for a military life without committing for a longer period.

Lachlan Oatway, School Captain in 2017, completed a gap year in the Army and has remained in the army.

Through an ADF Gap Year students:

- Gain valuable skills and work experience.
- Enjoy a great salary package plus free healthcare.
- Live a varied, active and healthy lifestyle.
- Make friends with like minded people.
- Get the opportunity to see more of Australia.

In 2019 there are 14 roles to choose from ranging from administration to artillery and even flight crew, plus this year we're offering 30 Army Officer roles - places are limited:

Closing dates are driven by demand and may close sooner than listed.

Requirements - Australian citizen, Aged between 18 and 24 years on admission and Year 12 completion (required passes vary by job).

Put in a search engine 'Defence Forces Gap Year' or use the following link which has more information about applying and job descriptions:

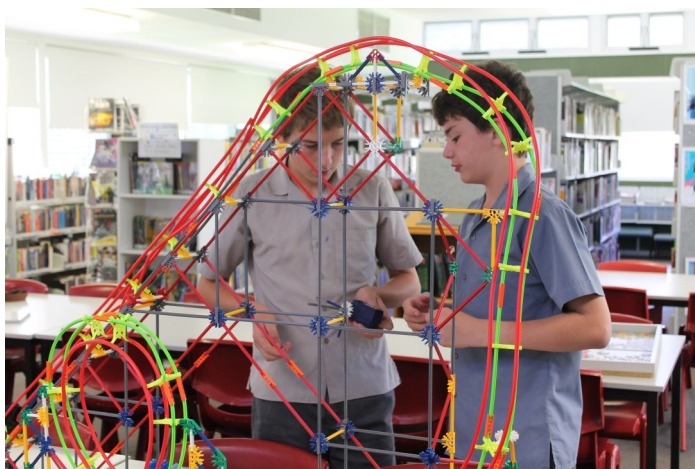
<https://www.defencejobs.gov.au/students-and-education/gap-year>

| | |
|--|----------------------|
| ADF Gap Year – Navy | Closes 9 April 2018 |
| ADF Gap Year Army Combat Engineer | Closes 9 April 2018 |
| ADF Gap Year Army Officer | Closes 23 April 2018 |
| ADF Gap Year Army Artillery Operator | Closes 23 April 2018 |
| ADF Gap Year Army Infantry Soldier | Closes 14 May 2018 |
| ADF Gap Year Army Driver | Closes 21 May 2018 |
| ADF Gap Year Army Administration Assistant | Closes 21 May 2018 |
| ADF Gap Year Army Warehouse Assistant | Closes 21 May 2018 |
| ADF Gap Year Army Air Defence Operator | Closes 21 May 2018 |
| ADF Gap Year Air Force Cabin Crew | Closes 7 March 2018 |
| ADF Gap Year Air Force Warehouse Store person | Closes 28 May 2018 |
| ADF Gap Year Air Force Aviation Support Technician | Closes 28 May 2018 |
| ADF Gap Year Air Force Airbase Protection and Security | Closes 4 June 2018 |
| ADF Gap Year Air Force Administration Assistant | Closes 4 June 2018 |

Library News

There are lots of exciting things happening in the Library at lunchtime this week.

The **Kinex roller coaster** is just about complete with some final tweaking needed.



Students who have been playing **lunchtime chess** are now involved in a competition. There will be prizes awarded at the end of term.



Students have been working on a collaborative story to celebrate **World Story Telling Day** on Tuesday.

Thank you to India-Maree Edwards and Carrie-Ann Murray who read the story to an enthralled audience and to all those that created the story.



World Story Telling Day

World Story Telling Day celebrates the art of oral story telling. 2018 theme for World Story Day is “Wise Fools”.

The goal for students was to collaborate and create a “story” that will be read aloud in the library at lunchtime on Tuesday 20th March. Students contributed to the story by writing a sentence each. Students who volunteered to read the story had their name pulled out of a hat. This was also celebrated with some free popcorn.

WISE FOOLS

Today is the day I found out my life is a lie. The reason I figured out this truth is because of the local Pizza Hut. Let me explain. You see, it happened when I ate these mushrooms. I started having hallucinations and then I told mum and she dropped a bomb!!! A PRANK BOMB. We both laughed hysterically as it exploded into confetti. Some of the confetti got in my eye but we still laughed.

All of sudden our dog Sir Puppington appeared out of nowhere with a large pepperoni pizza. I wake up, wait!? Was that another hallucination? Ah I don't know? So I got up then the doorbell rang. I opened the door it was my best mate Bazza. “How was the pizza from your dog last night?” he said then I realised that it was not a hallucination or a dream somehow it was real. I said “Alright” in confusion. I had to see a doctor I felt like I was going crazy.

I went see a doctor but on my way I saw my dog with another pizza! “Oh come on” I yelled but as soon as I had spoken Sir Puppington spewed on my foot!! So I decided to rebook my doctor appointment and headed home.

On my walk home I started having hallucinations again but this time they were stranger. Like really strange like me becoming a millionaire. The hallucination was that I was standing on a small iceberg, got hit by my very expensive boat, I bounced off it and dived into a pool of money. When I got home Sir Puppington was sitting there with a pizza, “where do you keep getting these pizzas from.” Sir Puppington then started to speak “How silly are you with all your questions, goodness me I've never seen someone like it”. I walked away because it was just getting too weird. Way too weird. Like **really** weird.

That night, I had some really strange dreams. Yeah, I had multiple, like 5 dreams.

Dream no. 1: I was on the edge of a forest. There was a cliff and it looked out to the ocean. Stupidly I walked towards the cliff despite my endless fear of them. I looked at the large expanse of churning blue and what I saw was the face of a giant whale! Suddenly I'm falling into its huge mouth. And that's my first dream.

Dream no. 2: I wake up in a time of dragons, bandits and what appears to be a rebellion between the natives and a military force. The Dragons were firing sprinkles out of their nostrils protecting the natives and the bandits had come together to fight them as the military force.

Dream no. 3: In my third dream I was swimming in a river made of milk chocolate. The waves were capped in white chocolate, and the river was STRONG! Soon I couldn't swim and felt like I was going to drown! I started to look for something to hold me up...soon I found some floating lollies. They were sticky and gooey and as I tried to climb up onto one pink, striped one it became stuck to me! I looked down and it started to melt into my skin and soon I was becoming the lolly! I was wrapped in plastic and soon enough, I melted into the river.....forever.

Dream no. 4: Within a flash of several moments I found myself flying through the sky, with a billowing cape flying along on my back. The cape was red and the rest of my suit was made of a blue elastic fabric. These were sure signs of a well-known super hero. That was when I was flying along and heard someone scream, “HELP, HELP... SUPERDUDE HELP, HE TOOK MY PURSE.” I then saw a man dressed in all black was racing down Dream Boulevard, carrying a large pink leather purse. So I flew down towards him, and landed directly in front of him, here is the moment when I should've said something cool or epic, but instead I said, “Please stop.” This was in a very quiet tone of voice, he then said, “not today.” He then pointed a weapon towards me and with a flash and a bang, I was sent to my next dream.

Dream no. 5: I wake up, everything is black except for a little ray of light shining down on me. I now hear chuckling, LOUDER AND LOUDER. The light now goes away, I hear footsteps coming closer, and I need to escape. I step forward as I hear a swish come towards me, I step up onto a step, every time I step up a new step comes up. 10 minutes later. I still find myself stepping up these stairs when I come to an end, and I hit my head on something dangling down, It's a zipper, I put my hand out and pull it and with just enough might I manage to put it all the way open. OW MY EYES, so much light fills this place, I hear the chuckling again and I quickly close the zipper. I faint, I hear a whistling sound and a massive boom, and that was when I wake up.

In the morning I decided that I positively needed to see a doctor, or nurse, or psychiatrist or whoever deals with people like me. Maybe I should see a psychic! No, I thought as I headed out the front door, a doctor should do just fine –I don't even know where to find anything else! On the way the local pizza hut caught my eye – maybe this was the cause of my problems. The Pizza Hut was in pandemonium with police everywhere. The pizzas had been spiked with Magic Mushrooms. The motive – only a wise fool could explain!!

Contributions

| | | | | |
|-----------------|-------------------|-----------------|---------------|---------------|
| Jeremy Jackson | Carrie-Ann Murray | Lily Masters | Luke Nevinson | Joseph Wilson |
| Kyle Mitchell | Ayesha Headon | Ryan Cox | Tom Hammond | |
| Alexander Haidy | Ms. Bradley | Shaylea Spencer | Ms Booth | |
| Jacinta Hurst | Emma Johnston | Demi Ellis | Oliver Gaston | |
| Wil Jamieson | Darci Masters | Finn Cullenward | Hannah Shea | |

Free homework club every Wednesday 3.45pm - 5pm

All primary & secondary students welcome

Limited spaces available
Bookings essential

Hay Community Hub 98 Lachlan Street



Need some help?

Looking for information, assistance,
resources or even just a friendly ear?

Intereach Hay Community Hub can offer practical help with:

- Finding the right service or information;
- Making appointments, phone calls or discussing support options
- Filling out forms or writing a letter;
- Using the fax, photocopier, computers, printers, data projector, TV, kitchen, or hiring a room where available;

Krista Schade
Hay Community Hub
Ph: 02 6997 2500
or pop in to say hello
at 78 Lachlan St.



TAKE ACTION. CHANGE THINGS.

When life pressures are causing you stress, you can take action. NewAccess is a FREE coaching program to help improve the way you think about things and get you back on track.

Call **02 6923 3195** or go to **intereach.com.au**
If you are a service enquiring about the program, call 1300 488 226.

Intereach gratefully acknowledges the financial and other support from Murrumbidgee PHN. The Primary Health Networks Programme is an Australian Government initiative.

need someone to talk to?



If you've been feeling
down or anxious and
not coping at school,
perhaps it's time to
reach out and relax.

Intereach Family Mental Health Support Service
roar@intereach.com.au
1300 488 226
www.intereach.com.au



ROAR is not a crisis service. If you are worried about your own, or someone else's safety, phone the NSW Mental Health Line 1800 011 511 or 000

This service is funded by the Australian Government Department of Social Services

CELEBRATE ATTENDANCE

Hints and Tips No 1: Responsibilities

Parents or caregivers are required, by law, to provide a written or verbal explanation to the Principal within seven days of any absence as to why their child was not at school.

It is important that the school receives a written or verbal explanation because:

- (1) It is a parent's legal obligation to explain their child's absence within seven days
- (2) It is a requirement that the school investigate all unexplained absences
- (3) It avoids the school and the School Attendance Officer from making unnecessary investigations
- (4) It is the way the school knows that your child was legitimately absent and not truanting from school

If you have any difficulties in providing a written explanation for your child's absence, please contact your school principal.



Missing school leaves gaps in your education



IMPORTANT INVITATION

Representatives from Create NSW will be in the South West Region 5 and 6 April 2018.

Create NSW recognises that every region (and every town) has its own strengths and opportunities within the arts, screen and cultural community that contribute to NSW's broader arts, screen and cultural landscape.

Your voice is required to inform Create NSW of the vast array of projects and opportunities being developed across the region by participating on one of the **Ideas Clinics** being held in the region

Thursday 5 April

12.00pm-2.00pm South West Music Regional Conservatorium, 162 Hardinge Street, Deniliquin

4.00pm – 6.00pm Youth Arts Roundtable Outback Theatre Office Sanctuary Lane Deniliquin

Friday 6 April

11am – 1.00pm Shear Outback, Junction of Sturt & Cobb Highways, Hay

This is your chance to hear about funding opportunities for your projects, to inform the State Government of the importance of Arts and Culture to the economic and social well-being of our communities and to raise awareness of the important projects and partnerships being developed in the region.

RSVP: South West Arts office: (03) 58817749 or email: promo@southwestarts.com.au

RSVP: Youth Round Table: 0417 164 641 or email: sarah@outbacktheatre.com



Did you know that you can make payments to your child's school online?

We have launched a new online payment portal linked to your school's website to make it easier for you to pay for school related payments. This is a secure payment page hosted by Westpac.

What expenses can be paid online?

- Voluntary School Contributions
- Subject Contributions
- Excursions
- Sport
- Creative and Practical Arts
- Sales to Students
- Other

When?

This payment method is available now.

How?

Log onto School site at

<http://www.haywarmem-h.schools.nsw.edu.au>

Click on "Make a Payment" and follow the prompts to make a payment via Visa or MasterCard.

IF YOU'RE BEING BULLIED ONLINE



Don't retaliate. (Often that's what they want!)



Save the evidence. (Screenshot, save messages.)



Tell someone what's happening.



Report, block, mute, get rid!



Remember the problem is with them, not you.

For so much what shall we repay?

Ms Anne McNally - Careers Advisor - VET Coordinator - TeacherWhat are your main commitments at HWMHS?

My roles as Careers Advisor and VET Coordinator

What has helped you improve your learning most and why?

Working with a variety of staff over many years has helped me to improve my learning. Everyone has something they can share to improve students learning. The professional and inspiring Head Teachers, who have had a collaborative approach and strong leadership skills as well as thorough knowledge and understanding of curriculum.

What has been your most memorable moment so far at HWMHS?

I came to HWMHS in 1988, from Sydney, and thought I would be here for three-four years before transferring back. I have a lot of great memories.

- Awards days are memorable as they reflect the achievements of students over the year.
- Year 12 Farewell Assembly as they the end of one stage of students life and the start of their lives, where they have a greater say in the direction their life will take.
- Most excursions. Students get to see a different side of you and as a teacher you get to know much more about students as people.

**Meet Our Students****Anthony Brentnall - Year 12**What is your favourite subject at HWMHS and why?

My favourite subject this year is Ancient History. I enjoy the amount of quality banter.

What has been your most memorable moment at HWMHS so far?

Definitely the Year 12 Swimming Carnival.

Where do you see yourself in ten years?

In ten years I hope to just be still kicking.

**HWMHS School Times**

Our school day starts at 8:55am and finishes at 3:20pm. Teacher supervision starts from 8:55am. We request students to be at school just prior to 8:55am to attend the Morning Meeting held in the Spirit of ANZAC Centre each school day from 8:55am to 9:05am.

HWMHS Office Hours

Could all parents/guardians please note that Hay War Memorial High School operating office hours are between 8.30am and 3.30pm each day.

**Every day canteen menu**

| | | | | | |
|-----------------------------|--------|-------------------|---------|----------------------------------|--------|
| Salad rolls | \$6.00 | Salad sandwiches | \$5.00 | Chicken/lettuce/mayo | \$3.00 |
| Egg/lettuce sandwich | \$2.50 | Hot cheese roll | \$2.50 | Chicken/cheese toasted sandwich | \$2.50 |
| Ham/cheese toasted sandwich | \$2.50 | 1/2 vegemite roll | \$0.70c | Chicken/gravy roll | \$3.50 |
| Bolognese roll | \$4.50 | Juice boxes | \$1.50 | Chocolate biscuits | \$1.50 |
| Chocolate muffins | \$2.00 | Moove milk | \$2.50 | Fruit salad | \$2.50 |
| Fruit juice-Orange | \$3.00 | Water | \$2.00 | Nippy's flavoured milk | \$2.50 |
| Dare iced coffee | \$4.00 | | | Salad in a box w/ chicken strips | \$6.50 |

Breakfast 8.30am-8.55am

Toasted cheese sandwich \$1.00

For 'Daily Specials' please see Rhonda in the canteen

Hay War Memorial High School

Deputy Principal
Mrs Janine Nelson

Head Teacher English
Mr Darren Clarke

Head Teacher Maths
Mrs Lil Aylett

Head Teacher Science
Mr Jim Mackintosh

Head Teacher HSIE
Ms Tegan Hatfield

Student School Counsellor
in Training
Mrs Carla Wickham

Learning and Support
Mrs Cathy Millyard

School Administrative Manager
Mrs Chris Huntly



Education

Canteen News

Roster

| | |
|-------------------|--------------------------|
| Monday 26 March | Jacqui Hargreaves |
| Thursday 29 March | Gayl Munn - Soccer Kiosk |

Hay Public School Fete

Hay Public School P&C are holding a Heroes and Superheroes themed fete on Friday 23 March 2018. The fete is a major fundraiser that enables the P&C to financially support the school in areas not provided for in the school budget. It is also an event that the children eagerly await and thoroughly enjoy.



The P&C are asking for student volunteers, from Hay War Memorial High School, to assist with the evening and help to make this event a great success. If you are interested in helping the P&C and Hay Public School, please contact their front office on 6993 1270.

NOTICE OF GENERAL MEETING



Hay Local Aboriginal Education
Consultative Group Inc.
(HLAECG)

When: Wednesday 11th April 2018

Where: Hay War Memorial High School

Time: 9.30am

The Hay Aboriginal Education Consultative Group (AECG) would like to extend an Invitation to **ALL** Aboriginal Parents/Carers and Community Members to attend. The Aboriginal Education Consultative Group (AECG) is a NSW AECG initiative to engage and involve Aboriginal parents/carers and communities in all Education matters involving Aboriginal students.

AECG's are run at Local, Regional and State levels and involves Aboriginal people from all over NSW.

All Aboriginal parents/Carers and community are encouraged to attend, and contribute to the direction of the Hay AECG for 2017 and beyond.



What's Happening Term 1 2018

Week 9

Tues 27 Mar **A Town Named War Boy - Griffith**

Thurs 29 Mar **Under 15's Soccer - Hay**

Week 10

Thurs 5 April **Open Boys' Soccer - Hay**

Week 11

Mon 9-10 April **State Swimming Carnival**

Mon 9-13 April **Toowoomba Sheep Show**

Thurs 12 April **Girls' AFL Trials**

Fri 13 April **Last day of Term 1**

Tues 1 May **Students return for Term 2**

Hay Junior Rugby League



2 Minute FOODWORKS EASTER GROCERY GRAB

\$ 2 per ticket

The grocery grab is for 2 minutes.

No electrical or garden items, meat, seafood, alcohol or cigarettes

Drawn Wednesday, 28th March 2018 @ training

If you are unable to complete grocery grab, you can nominate a person to complete

For so much what shall we repay?